

Whooping Cough



1

IDENTIFY

Anyone can get whooping cough but it can be deadly for babies

- Babies and young children can stop breathing or develop severe coughing bouts that end with vomiting or gasping for breath.
- People of all ages can get whooping cough and can spread it to babies.
- Adults often just have a mild cough that lingers.



2

PROTECT

Immunise your baby on time to get the best protection

- Pregnant women should get vaccinated in the third trimester (preferably at 28 weeks).
- Get your baby vaccinated on time at 6 weeks, 4 months and 6 months of age.
- Booster vaccines for children and adults stop whooping cough spreading.



3

PREVENT

Whooping cough spreads quickly when people cough in the early stages of the infection

- If you have symptoms, see a doctor fast and get tested.
- Stay home until you are no longer infectious. Ask your doctor when it's safe to return to work, school or childcare.
- Keep anyone with a cough away from your newborn especially until your baby has had 3 whooping cough vaccines.